

ROTARY CLUB OF MANCHESTER

NEWSLETTER



OCTOBER 2020



From our President Derek Evans

These are difficult times, but we are still managing to zoom in, supporting Rotary projects and enjoying each other's company. It looks as though these pandemic problems will be with us for quite some time, but at least, we are coping.

During September, firstly an excellent presentation by Simone Spray for the charity 42nd Street, making us aware of the plight of distressed young people. The following meeting was a visit from our District Governor, Peter Robinson, a remarkable person who is a member of some seventeen charities and is responsible for amassing £1 Million for charities. The video of him receiving the MBE from the Queen was spectacular and moving.

Roy Chapman is working hard to connect with all the clubs in 1285 to contribute towards the disaster in Beirut.

It is the Rotary month of '*Basic Education and Literacy*'
Derek

In this issue...

Sad News – Marian Metcalfe

Fellowship

Club Meeting – 42nd Street
Charity

Club Meeting – DG Peter
James-Robinson MBE

Beirut Disaster Appeal
Rotary Scholar Visit

SPECIAL COVID-19 SECTION

Member contributions! Jokes,
poems, photos, recipes, and
more!!!!!!!

Notices

Up and Coming



TAKE ACTION: [Rotary Club of Manchester](#)

We are all sad to hear the news that Marian Metcalfe passed away on September 29th and our thoughts are with Ernie and his family at this time.

Message from Ernie

"Marian passed away quickly and quietly at 3.30 this afternoon. Susie and I were with her. No calls please other than family for 24 hours.

If you phone later do not be sad and miserable. Marian had a long and very good life. There is a great deal to celebrate about it. We have some wonderful loving memories.

In due course, when we are allowed, the family hope to celebrate it properly with all her friends. In the meantime, let us all be grateful to have known and loved her.

I would like to say a very big thank you for all the kind wishes, thoughts and prayers over the last few weeks. They have been a big comfort to us all.
Look after yourselves"

Ernie



Ernie and Marian at a Fellowship Evening



Rotary Opens Opportunities

Zoom Fellowship

Thursday September 3rd !

Our Zoom Fellowship took place on Thursday 3rd September at 6:00 pm - 6:30 pm

As it was a fellowship, we were welcomed to bring any guests. Many brought along their own food and drink! This informal get together was a good way for us to check in with our members and see how everyone was doing!

A screen shot was taken. Sorry, but impossible to get everyone in a screen shot.

People that attended included:

Roy and Julie Chapman
Robin Graham
Bill Laidlaw
Roger Walker
Barbara Rosenthal
Sinclair & Rosemary McLeod
Susan Craig
Royston Flude
Peter Hartley
Gillian Webb
Maxis Pittway
Joan Johnstone
Helen Roberts
Alia Arif
David Andrew

Sorry if we accidentally left some names out!



Come and join us next time!
See Up and Coming on the last page of this newsletter.



42ND STREET

ROTARY CLUB MEETING THURSDAY SEPTEMBER 10TH 42ND STREET CHARITY

At our Zoom Club meeting on Thursday September 10th, Simone Spray, Chief Executive at 42nd street charity, gave a presentation about the charity.

Located in Manchester, this charity aims “to support young people aged 11-25 years with their emotional well-being and mental health, promoting choice and creativity. We champion young person centred approaches that demonstrate local impact and have national significance.”

Simone pointed some facts about youth mental illness:

- Over 50% of mental health problems in adult life (excluding dementia) start by the age of 14 and 75% by 18
- It typically takes ten years for a young person to get any help, from the time they first show the signs of a mental health difficulty to the time they get support and in those ten years, for many young people problems escalate, accumulate and too often come to a head in a crisis

During Covid-19, 42nd Street worked with over 500 young people with many youths having higher levels of distress and suicidal thinking.

Pressures of Covid-19

Early Response

- ✓ Contacting young people
- ✓ remote working 1:1, group work and creative programme
- ✓ Increased high risk presentations
- ✓ Some young people unable to/not engaging
- ✓ Safeguarding
- ✓ Morale

Worked with over 500 young people

Ongoing issues

- ❖ Getting back to face to face
- ❖ Being led by young people's expectations
- ❖ Waiting times vs surge
- ❖ System response to complexity
- ❖ Hidden inequalities

Their key areas of delivery are Manchester, Trafford, Salford and Tameside and Glossop.

The service has been in place throughout the lockdown period and has been receiving high volumes of request for support

Promoting Choice

- ❖ One to one counselling, therapy, psycho-social support and advocacy (face to face and online)
- ❖ Therapeutic, issue based and identity based groups and peer support projects
- ❖ Residentials and Getaways
- ❖ A Social Action Programme
- ❖ Bespoke services in schools, PRUs colleges and universities
- ❖ The Horsfall creative programme

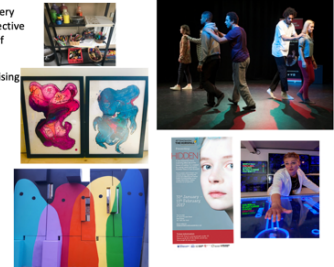


The 42nd Street Charity is inclusive and promotes choice through a variety of activities.

Promoting Creativity

- Wellbeing or recovery
- Individual and collective
- Self-expression, self worth and self-awareness
- Challenging and raising awareness

- ✓ Permission
- ✓ Safety
- ✓ Trust
- ✓ Agency
- ✓ Voice



Where did the name 42nd Street come from?

According to Simone

“Apparently, we were called 42nd Street, because it was number 42 in a different street and helped young people to remember where it was and yet was not associated with mental health so reducing the stigma... I also like to think it's something to do with Hitchhikers Guide to the Galaxy!! “

42nd Street's Online Offer

Research evidences that online therapeutic services reach greater numbers of young people early on and from particular communities and vulnerable groups

Inclusion. For example, those with long term health conditions, physical and learning disabilities and developmental disabilities such as Autism and ASD; LGBTQ+ young people, South Asian young women and young carers.

- **Anonymity.** Enabling young people to feel more able to communicate with greater openness, at an earlier stage.
- **Access.** Physical access to services due to disability; cultural and social expectations relating to perceptions of or stigma associated with mental health; cultural expectations that difficulties be managed within community networks; financial barriers; anxiety; fear of being recognised by a perpetrator of abuse; and social isolation, poverty

“It is better for me to talk to someone online as I feel I can get what I want to say without hesitation. It just gives me a bit of confidence as if I want to say something that makes me teary or makes me cry, I don't feel so embarrassed as the person can't see my face.”

“The online set up allows you to access counselling even when you have very little free time or are unable to keep to a specific timetabled slot.”



A screen shot of some of the attending members of the Rotary Club at the Zoom presentation.

42nd Street
Inclusive, accessible mental health services for all

Our Shared Mission
To support young people aged 11- 25 years with their emotional well-being and mental health, promoting choice and creativity.
We champion young person-centred approaches that demonstrate local impact and have national significance

ROTARY CLUB MEETING

THURSDAY SEPTEMBER 24TH

DG JAMES-ROBINSON MBE



President Derek, Peter, and PP Sarah

Peter started out by showing a film taken in Buckingham Palace receiving his MBE in 2012 for his volunteer work. At that time, he had raised over £1 million for charity and still going.

He currently collects for 21 charities, puts wheelchairs together, and is president for air cadets among many other things he is involved in.

He told us about, when he became disabled 23 years ago, he realised the needs and saw the discrimination towards disabled people and so started helping out at a disabled organisation, which had led him to a life of helping others.

He joined the Rotary Club and likes to help out at other clubs as well as his own and is now the District Governor.

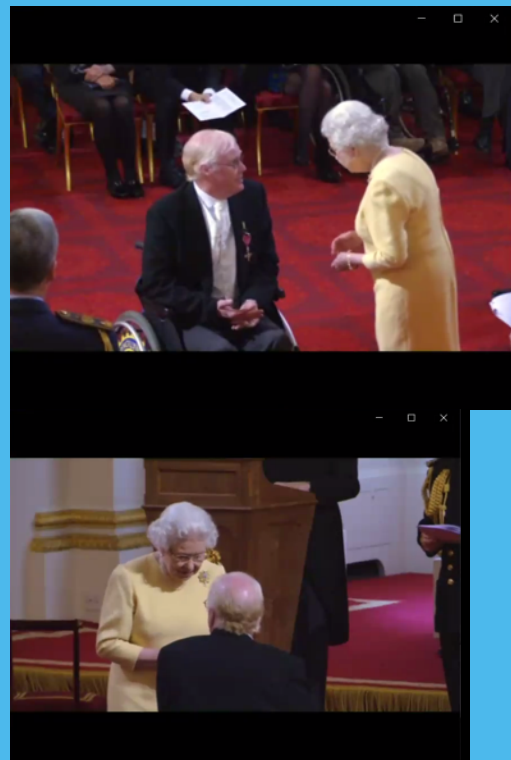
He ended his presentation by reminding us that “we all need help at some point” and that he believes that “I have a job to do.”

Some members of the Club at the Zoom meeting

On Thursday September 24th, DG Peter James-Robinson MBE, made a presentation on Zoom to our club, titled “***It’s Nice to Help Others***”

Though he is District Governor and has been awarded an MBE for being a super volunteer, Peter told us that he considers himself “just another volunteer”.

Peter receiving his MBE from the Queen



DISTRICT 1285 AND ROTARY CLUB OF BEIRUT BAABDA THE BEIRUT DISASTER APPEAL

Following the lifechanging event of August 4th 2020, when over 200 people were killed and thousands injured, the Operation Florian UK team and the Rotary Club of Baabda immediately went into action! They ensured a team from UK based Search and Rescue Assistance in Disasters arrived within 3 days. Working in partnership with all the major authorities and the Lebanese Disaster Management Unit, SARAID coordinated specialist search and rescue work, including building damage assessments. The RC of Baabda, alongside Save the Children, arranged emergency transport, accommodation, and other assistance.

Now in partnership with the Dutch NGO DORCAS/Tabitha, the RC of Baabda plans to:

- **Methodically repair houses, schools and small businesses and essential services like clean water, lighting etc.**
- **Start to regenerate local communities, especially in the historic parts of Beirut.**
- **Support displaced families and children with essential supplies**
- **Support the ongoing work of SARAID - essential in raising awareness to guard against any similar event in the future**

DISTRICT 1285 SUPPORT TO THE ROTARY CLUB OF BAABDA

The explosion blast damaged thousands of buildings. These need to be repaired and made weatherproof before the onslaught of the rainy season at the end of September/early October. The Rotary Club of Manchester has already worked with Baabda on projects and will be the District lead Club. Donations will be collated, and payment made to the Rotary Club of Baabda.

Whatever is raised will be targeted exactly where it is most needed. The priority for the RC of Baabda is finance for the purchase of essential supplies and expertise on vital repairs

The opening target is £5,000. It is hoped that 50 Clubs donate at least £100 (or more). Each £100 will pay to repair and secure a home entrance; replace or repair damaged windows, repair plumbing and lighting, help repair damaged roofs and many more essential repairs.

Continued next page

Regular updates on progress in Beirut will be shared around the District to all donating Clubs via the contact in RC Baabda, IPP Lara Hamouche via email, newsletter and Zoom.

Further opportunities for support and partnership will be available to individual Clubs should they be interested in working directly with the Rotary Club of Baabda.

***For more information and to obtain information to make donations,
contact Roy Chapman PHF, Rotary Club of Manchester***

Email: rotaract@manchester.rotary1285.org



Submitted by Roy Chapman



ROTARY CLUB OF
BAABDA
PROJECT REPORT
BEIRUT EXPLOSION 4TH
AUGUST 2020

CONTACT US @
secretary@rotarybaabda.org

**ROTARY SCHOLAR – DR JYOTIKA VIRMANI
WILL VISIT OUR CLUB NOVEMBER 26TH**



Submitted by Bill Laidlaw

We are fortunate to have as our November Rotary speaker Dr JYOTIKA VIRMANI Ph D; MS; Fr Met S. who will allow us to share her journey from Manchester to Los Angeles and from a Manchester schoolgirl to a Global scientist of renown. All of this achieved in a few short years aided by a ROTARY FOUNDATION SCHOLARSHIP proposed by our club and mentored at the time by our member Brian Elliott PHF.

Jyotika in her web articles acknowledges her association with Manchester Rotary. As a Graduate from Imperial College, London her Scholarship took her to New York State and Florida where her love of meteorology and oceanography was born. She is clearly highly respected in her field and has recently been appointed Executive Director of the Schmidt Ocean Institute. Inter alia, her operation is a world leader in deep sea technology and mapping ocean floors – so far 1 million square miles of ocean bed. On a recent trip off Australia, Jyotika and her team discovered what is considered to be the world's largest living creature.

On this year's Thanksgiving Day, when we remember the Pilgrim Fathers 400 years after they sailed to America, we must reflect on the advances in science that allows a Manchester girl to sit at home in L.A. and speak to us about her life and her scientific achievements. Among those watching and listening to her at this end will be Indra and Hemu Gupta who have known Jyotika from childhood till the present and glory in being considered a respected Uncle and Aunty.

So on American Thanksgiving Day we can gather round ZOOM on our normal meeting date and time to listen to how a Manchester girl "has done good" in the toughest working environment in the world and give thanks for the little help provided by Manchester Rotary in recognising the latent talent all those years ago.

It is suggested that to get the fullest benefit from Jyotika's address that we visit her in advance via GOOGLE and read the various articles which identify her as one of the top International Ocean Influencers.

Bill

COVID-19 SPECIAL SECTION

FROM THE EDITOR - Dale

With isolation and social distancing, normal meetings at the Manchester Hall are not taking place and many of the wonderful things that we do, are postponed or delayed for now!

The virus has, not only made everyone realise how much we usually take for granted, but as a Rotary Club, forcing us into the world of technology and the internet. This is a good thing!

Thanks to the many people that contributed to this section of the newsletter – it is meant to cheer us up and help us remember that a sense of humour is always a great thing!

Take care and stay safe
Dale

P.S. As self-distancing appears to be continuing for a while, I am looking for more contributions from members, so please more articles, recipes, poems, jokes, and photos! And let us know how you are doing and coping in these crazy times!

Thanks to the contributors of the Covid-19 Section:

Roger Walker
Helen Roberts
Ernie Metcalfe
Peter Hartley

Hope that I did not miss anyone!

COVID-19 LOCKDOWN MEMBER CONTRIBUTIONS



*Thanks to Helen
Roberts –
Answers later in
the newsletter*

Potluck Quiz

1. Which self-help organization was founded in 1935 in Akron, Ohio?
2. What first name is shared by Ramsay MacDonald, Harold Wilson & Gordon Brown?
3. The classical definition of 'ephemeral' is something which lasts no more than how long?
4. Paris and which other European capital city are served by Eurostar trains from London?
5. What would you do with an ocarina?
6. Which famous lover spied for France and Venice in the 18th century?
7. What was the name of the horse ridden by the Duke of Wellington at Waterloo?
8. Hilton Park, Charnock Richard and Tebay are service stations on which motorway?
9. Which toyshop is found on London's Regent Street?
10. What is the only book of the Old Testament to begin with the letter 'O'?

Answers later in the newsletter

Potato, Onion and Celery Soup

Serves 4

10oz / 285g potatoes
8oz / 225g carrots
2 small onions
4 sticks celery
1 olive garlic
2 tablespoon tomato purée
1/2 teaspoon dried thyme
1 teaspoon parsley or chervil
2 pints / 1.2 litres water or chicken stock
salt and pepper

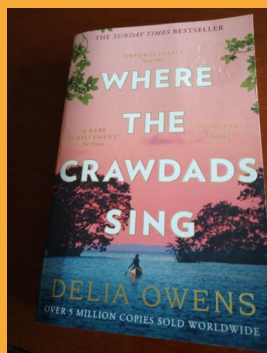


Peel potatoes, onions and garlic. Clean celery and carrots and chop all vegetables roughly and put in a large saucepan with the water or stock. Stir in tomato purée and thyme. Bring to the boil and simmer on low heat for an hour. Blend or strain and heat through add salt and pepper to taste. Serve sprinkled with chervil or parsley.

Book Review by Helen Roberts *Where the Crawdads Sing* by Delia Owens

This book tells the story of Kya Clark who, abandoned in childhood by her family during the 1950s, struggles on her own to survive in the marshlands of the North Carolina coast. It's part coming of age story, part romance and part murder mystery.

I found the novel's attention to detail in its description of the desolate marshlands and its exploration of social and racial divides of the time both fascinating and compelling reading. I never lost sympathy for the heroine of the story and raced to the end to discover the fate of Kya, suspected of murder.



Contribution by Helen Roberts

- Potluck Quiz Answers**
1. Alcoholic Anonymous
 2. James
 3. One Day
 4. Brussels
 5. Play music on it
 6. Giacomo Casanova
 7. Copenhagen
 8. M6
 9. Hamley's
 10. Obadiah

Time for Some Jokes



A thief has removed all motorway signs in Yorkshire. Police are currently looking for Leeds.

Found a skeleton in my attic.....turns out he was the 1846 world hide and seek champion.

I didn't think orthopaedic shoes would help, but I stand corrected.

Let's not tell some people when quarantine is over.

A husband and wife who work for the circus go to an adoption agency.

The Social workers raise doubts about the living conditions in a circus, but the couple produce photos of their 50-foot luxury motor home, which is clean and well-maintained and equipped with a beautiful nursery.

The social workers also raise concerns about the education a child would receive while in the couple's care.

"We've arranged for a full-time tutor who will teach the child all the usual subjects along with French, Mandarin and computer skills."

Then the social workers express concern about a child being raised in a circus environment.

"Our nanny is a certified expert in Paediatric care, Welfare and Diet."

The social workers are finally satisfied and ask, "What age child are you hoping to adopt?"

"It doesn't really matter as long as they fit in the cannon."



Food for Thought

The **current population** of Earth is more than **7 Billion**. For most people, it is a large figure, that is all.

However, someone has **condensed the 7 billion in the world into 100 persons**, and then into various percentage statistics.

The resulting analysis is relatively much easier to comprehend.

Out of 100:

11 are in Europe

5 are in North America, 9 are in South America, 15 are in Africa, 60 are in Asia

49 live in the countryside, 51 live in cities

12 speak Chinese, 5 speak Spanish, 5 speak English, 3 speak Arabic, 3 speak Hindi, 3 speak Bengali, 3 speak Portuguese, 2 speak Russian, 2 speak Japanese, 62 speak their own language.

77 have their own houses ,23 have no place to live.

21 are over-nourished

63 can eat full

15 are under-nourished

1 ate their last meal but did not make it to the next meal.

The daily cost of living for 48 is less than US\$2.

87 have clean drinking water,
13 either lack clean drinking water or have access to a water source that is polluted.

75 have mobile phones, 25 do not.

30 have internet access

70 do not have conditions to go online

7 received university education, 93 did not attend college.

83 can read

17 are illiterate.

33 are Christians

22 are Muslims

14 are Hindus

7 are Buddhists

12 are other religions

12 have no religious beliefs.

26 live less than 14 years

66 died between 15 - 64 years of age

8 are over 65 years old.

If you have your own home, eat full meals & drink clean water, have a mobile phone, can surf the internet, and have gone to college,
You are in the miniscule privileged lot.
(in the less than 7% category)

Amongst 100 persons in the world, only 8 can live or exceed the age of 65.

If you are over 65 years old.

Be content & grateful. Cherish life, grasp the moment.

You did not leave this world before the age of 64 years like the 92 persons who have gone before you.

You are already the blessed amongst mankind.

Take good care of your own health because nobody cares more than you yourself! Cherish every remaining moment.

Hope everyone enjoyed our
Special Section...
now, back to our regular
news!

NOTICES

Fund Raising

Charity Draw - Next Draw in October

This is our only source of income for the Charity Account and is likely to remain so for some time to come.

Therefore, each member can help raise money in the following ways.

Immediately, if possible, increase your own monthly subscription.

Encourage any friends or family who support our aims and objectives to also subscribe.

If you do not already contribute do so as soon as possible.

All you need to do is let me have their names and addresses and I will do the rest.

Thank you in advance.

Your help is much appreciated.

Ernie Metcalfe

July Charity Draw Winners

The winners were:

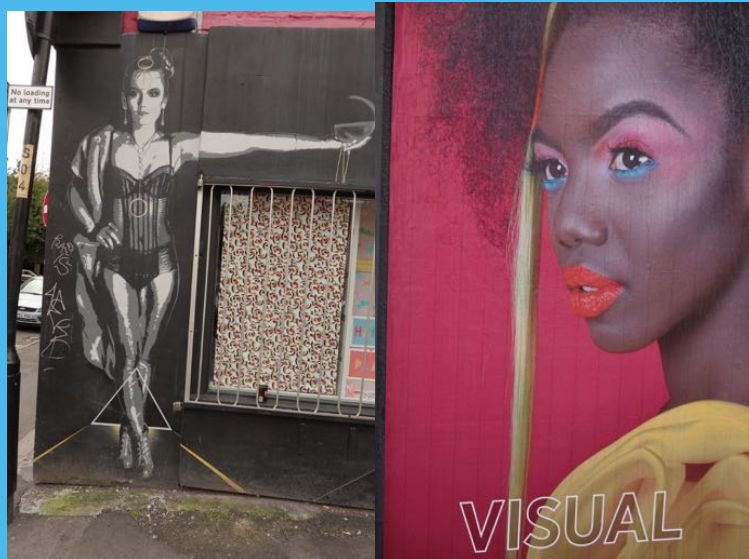
Ernie Metcalfe £150

David Andrew £50.

Both very generously
donated these to our charity
account

**Next draw will be in
October**

Some Manchester Street Art



World Polio Day - on 24th October

Rotary's Gift to the World - Our Polio Story

Saturday 24th October – 17.30

This online event, which will be streamed live on the [Rotary in Great Britain and Ireland YouTube Channel](#) will celebrate Rotary's polio story. More details will follow about registration (open from 1st October), but save the date and time with your club members, family and friends.

RI's Online Global Update

Saturday 24th October

The theme for World Polio Day 2020 is "A win against polio is a win for global health." RI's annual Global Update will provide a status update on Rotary and our partners' polio eradication efforts and will also focus on how investment in polio eradication is critical for other global health initiatives, such as the response to the COVID-19 pandemic. More information will be posted on [RI's Facebook Event](#).

DISTRICT POSITIONS 2020/2022



from

District Governor Peter James-Robinson & District Governor Elect Eric Russell

Dear Rotarian,

District Positions 2020/2022

There has been a great deal of speculation about district positions for the remainder of DG Peter's year and Eric's team for 2021/22 so this communique, from both of us outlines the current situation.

1. **District Governor Nominee 2021/22:** we are pleased to announce that, subject to ratification at the next District Council, Swati Mukherjee (Bolton Lever) will be DGN for 2021/22, ie your District Governor in 2023/24, and we're sure you'll join us in congratulating Swati on this appointment.

2. **Assistant Governors:** the following Rotarians have been put forward to be Assistant Governors in 2021/22:

DG Kevin Maddox (Hyde)	Isle of Man Clubs
Paul Scullion (Glossop)	
Tony Birchall (Biddulph)	
Gwyneth Millard (Wigan)	
John Shepley (Bolton Daybreak)	
Aled Owen (Worsley)	

- a. As there are still 3 vacancies for Assistant Governors, we are extending the application period for these vacancies until Friday, 16th October 2020. Clubs wishing to nominate suitably qualified Rotarians should send their nominations to the Acting District Secretary (nominations by email are acceptable if copied to the Club Secretary and President).
- b. All new nominations will be assessed by the District Continuity Committee and should there be more suitable candidates than the 3 vacancies, an election across the district will be held.

3. **Team Leaders:** the following Team Leader positions have been filled:

Foundation	Patrick Tyrrell (Cheadle & District)
Leadership & Development	Roger Glew (Eccles)
Public Image	Irene Russell (Warrington)
International	Ravi Mene (Bolton Lever)
Membership	Phil Dyer (Prescott)
Youth Services	Anthony Beckett (Irlam)

Lee Wolf (Middleton) and Edwin Partridge (Heywood 2020) have both been elected as Club Representatives for District Executive.

Note that there are a number of District positions below these that will be presented to the next District Council

4. **District Treasurer:** the current treasurer, Dennis Hobson, has been nominated unopposed for this position.
5. **District Secretary:** the current District Secretary, Dr Richard Cooper has decided to stand down with immediate effect and we thank him for all the hard work he has put into the position over the last couple of years.
 - a. We are delighted to tell you that Past District Governor Tony Graves (Poynton) has agreed to become Acting District Secretary.
 - b. Never-the-less there needs to be a formal process to appoint a District Secretary for Eric's year, 2021/22. Clubs are therefore asked to submit the names of suitably qualified Rotarians to our Acting District Secretary Tony Graves by Friday, 16th October 2020.
 - c. All nominations will be assessed by the District Continuity Committee. Should there be more than one suitable candidate, an election across the district will be held.

We are delighted that so many club Rotarians are willing to put themselves forward for district positions and we look forward to working with them, and with the clubs for the remainder of this year and into Rotary year 2021/22.

Yours in Rotary Service

District Governor Peter

District Governor Elect Eric

SUPPORT DOGS

A reminder to collect stamps for Support Dogs.

The info. on Support Dogs re. stamp collecting will be found on

www.supportdogs.org.uk The stamps have to be cut off the envelope leaving a 1cm. border approx.

Birthdays

October

9th Alia Arif

November

December

1st Roger Walker

2nd John Gavan

13th Lilian Liu

CLUB TIES

We have some Manchester Club Centenary Ties still available .

Anyone wishing to buy a new one or to replace an old one please contacts, either President Derek or Secretary Peter.

The discounted price is £10 each.



Some Manchester Street Art



Up and Coming Events

Please note that many events are postponed or cancelled until further notice due to covid-19. Links to zoom events will be emailed to you

ZOOM FELLOWSHIP MACMILLAN COFFEE MORNING

Thurs Oct 1, 2020 10:30-11:30

MEETING ON ZOOM

Thurs Oct 8 2020

PP Sarah Withington 'Extra Extra'

18:00-19:30

CLUB COUNCIL ON ZOOM – All Welcome

Tuesday Oct 13 2020

18:00 – 19:00

MEETING ON ZOOM

Thurs Oct 22 2020

Global Sight Solutions –Rtn John Miles

18:00-19:00

MEETING ON ZOOM FROM LA

Thurs Nov 26 2020

Jyotika Virmani – Ambassadorial Scholar – represented our club and District 1050

18:30-19:30



LAKELAND FELLOWSHIP BREAK

Mon Oct 5th– Wed Oct 7th

Keep watching the website to find out about more Zoom events and meetings and when our regular meetings will return.

Club Meeting Info

Weekly: Every Thursday at 12:30

Place: Manchester Hall

36 Bridge Street, Manchester,

M3 2BT

Rotary Club of Manchester Team 2020-2021

President

Derek Evans PHF

President Elect

Membership

Robin Graham PHF

Vocational

Julie Chapman PHF

Executive Secretary

Robin Graham PHF

Secretary

Peter Hartley PHF

Community

Julie Chapman PHF

Rotaract

Roy Chapman PHF

IT

Peter Hartley PHF

Treasurer

Indra Gupta

International

Dale Anne McAulay

Youth Service

Roy Chapman PHF

Fellowship

Barbara Rosenthal MPH

Newsletter Editor

Dale Anne McAulay

Immediate Past President

Sarah Withington

Rotary Foundation

Bill Laidlaw PHF

Attendance

Roger Walker PHF

Primary Webmaster

Peter Hartley PHF