ROTARY CLUB OF MANCHESTER

NEWSLETTER

JULY/AUGUST 2020



From our President Derek Evans

Well, here I am as your new President!

This must be a first, to start a new Rotary year with a Zoom meeting –not by choice but by necessity. When lockdown becomes history, we can then consider reverting back to *old times*.

We will continue to support ongoing projects, but we are always looking for new initiatives to put forward for consideration.

Although our financial resources are limited, we can offer involvement in many other ways. It would be good if any of you come forward with new ideas of how to generate more charitable cash.

Also, please remember to save your used postage stamps for collection for the 'Support Dogs' charity.

Derek

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Member contributions! Jokes, poems, photos, recipes, and more!!!!!!!!

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TAKE ACTION: Rotary Club of Manchester

Zoom Fellowship Thursday June 4th!

Our Zoom Fellowship took place on Thursday 4th June at 6:00 pm - 6:30 pm

As it was a fellowship, we were welcomed to bring any guests. Many brought along their own food and drink! This informal get together was a good way for us to check in with our members and see how everyone was doing!

A few screen shots were taken. Sorry, but impossible to get everyone in the screen shots.

People that attended included:

Robin Graham

Dale McAulay

Sarah Withington

Helen Roberts

Ernie Metcalfe

Indra Gupta

Peter Hartley

Roger Walker

Henry Blowey

Barbara Rosenthal

Derek Evans

Bill Laidlaw

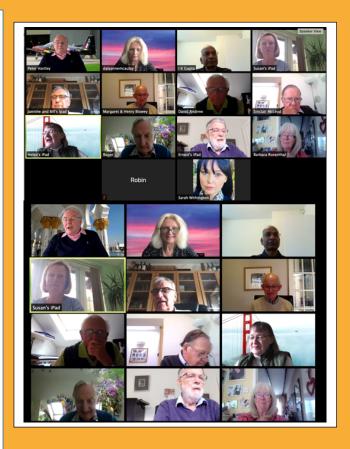
David Andrew

Susan Craig

Sinclair McLeod

Roger Walker

Sorry if we accidently left some names out!



ROTARY CLUB ASSEMBLY JUNE 11 2020

Our Club Assembly was held on June 11th via Zoom.



A screen shot of some members at the meeting.

At the Club Assembly on June 11th, our new Rotary Club of Manchester president, Derek Evans, outlined his vision for the future.

It has been an extraordinary and difficult year and will make its mark and go down in history as a very momentous period in our lifetime. It will surely be remembered for many years to come. Needless to say, Rotary was left in lockdown just like everything else. Consequently, as we are all well aware, all club meetings were cancelled and most importantly for me, the District promotional and information meetings which are designed for incoming Presidents, were also cancelled. but eventually came up online. I was really looking forward to visiting Volunteer Expo at the NEC, there I was hoping to pick up some new ideas - but, unfortunately, that was also cancelled also.

The past year, under the Presidency of Sarah, has run smoothly, efficiently and with special interest in the aims of Rotary. Therefore, it is my intention to continue without making any major changes.

At the start of Sarah's year, decisions were made to trial a new structure for club meetings, in order to update to present day's pressures. The format, was to have two official club meetings and two informal Fellowship meetings per month, this seems to have gone down well and acceptable to everyone.

The 1st Thursday of each month, is a Fellowship get together, that is dining out at a venue selected by Barbara and Roger, the 2nd Thursday a formal meeting possibly with a guest speaker speaking on a general topic or maybe a business meeting, - then on the 3rd Friday, a Rotary ramble organized by Ernie Metcalfe and on the 4th Thursday a formal meeting with a speaker talking to us on Rotary matters, sourced by our Foundation Chairman, Bill Laidlaw. If there is a 5th Thursday, there will be no official Rotary meeting but under the Fellowship banner there could be a visit to somewhere of mutual interest to us all.

Having said all of that, at this present time, we are in lockdown, so for the time being that makes this all irrelevant. This is a situation that we are unfamiliar with and so we are treading on new ground. With thanks to Robin and Peter, they have enabled us to maintain contact with each other and continue with Rotary through Zoom - 'the wonders of modern technology'. This, hopefully is only a stop gap as I personally find it difficult to appreciate and I can't wait to return to our traditional way of conducting our meetings. Having said that ZOOM is probably here to stay.

So, for this Rotary year, I am hoping that we will be able to continue supporting Francis House, with the usual Christmas collection at the Arndale Centre, supported by the Police Choir. Barbara, has done such a wonderful job arranging it all in the past, but I do feel it is becoming more difficult to organize. I think that we should all give her our full support and help and assist her in any way possible and finally for us all turning up on the day with our begging buckets. The more buckets we have, the bigger the donation for the Francis House Charity.

The WOW project in Ghana, which was thought out and developed by Robin, has been a remarkable success and has put our club's name firmly on the map. Robin has worked so hard to make it succeed - this is Rotary at its very best. Robin and Dale McAulay, our International Chairperson, were to have travelled out to the township this year to develop two new projects - firstly to establish a farming and marketing strategy and to improve domestic issues. The visit, unfortunately, has been put on hold till next year. I would like to give these projects my full support.

Owing to various reasons, it was a great shame that we were unable to host the "Know your own Blood Pressure" event this year. We did have the chance to assist with another Rotary Club, but that was postponed - but may be reinstated later in the year. I intend to speak with Barbara to see if there is any possibility to re-engage with our own event for next year.

As we all know, our resources are fairly limited, therefore it is <u>not</u> always possible to offer financial help for all the various requests we get - but instead we can always offer help in many different ways. I understand that there were to be two projects I would have liked to support 'Shoe Aid' and 'Wrap up Greater Manchester' – the idea was to collect warm clothing and distribute to the homeless for this coming Winter. Obviously, we are on hold at the moment, but hopefully the projects will be re-established at a later date. I, personally have collected a pile of clothes and shoes ready to go. Coupled with that, I would like us all to make a concerted effort to support the needs for Mustard Tree and Narrowgate. After we have all cleared out our lofts during this lockdown, there must be tons of unwanted items which we could donate for them to sell.

I must say I'm not too sure about the virus restrictions.

Ernie Metcalfe has done a tremendous job by dramatically increasing the membership of the 200 Club. Not only has he recruited from our own membership but he has gone further afield recruiting from family and friends. As this is our main source of income, I am hopeful that we all will contribute by becoming a member and if possible, search for other contributors. It is so important to increase the 200 Club membership to help us to finance needy projects. Adding to that, we shouldn't rely solely on the 200 Club to finance our charity account.

I ask you all to think hard to come up with some new ideas on how to generate more charitable cash. Many small fundraising ideas equals one large event.

Barbara has outlined a worth-while charity called "Support Dogs". Dogs are trained to assist in the care for sufferers of Autism, Epilepsy and Disabilities. I know that it's a bit old hat, but they require for us to collect used postage stamps cut from envelopes leaving a 1cm. border. So easy to do but with worthwhile results. Perhaps include friends and neighbours to collect for you. I will be the final point for collection.

Through Plan International UK, we continue to sponsor Happy Juma Suma, a young girl from Geita a township in Tanzania Our monthly donation goes towards her schooling and wellbeing. I am sure that our sponsorship is helping to give her a better quality of life.

And finally, I am really concerned for the future of this our club. I and many of our members – dare I say, are 'Over the Hill' and slowly fading away. We need to increase our membership and hopefully with younger members. I understand from Robin, our Membership Chairman, that he has one or two hopefuls in the wings, but we need new blood to continue the success of our club. It's been an age old problem with spasmodic success.

It would help enormously if two or three of us could form a small committee to help Robin and address the problem. If any of you are interested to help, please let me know. I am also hoping to speak with Robin to try to reestablish our links with The Manchester Communications Academy.

As proposed at the AGM, I have chosen a new Council who I wish to help and assist me in the forthcoming year.

Club Officers:

Sarah Withington, our Immediate Past President. After her successful year, her help and assistance will be necessary and most helpful. Sarah has also agreed to search for speakers for our meetings on the 2nd Thursday of each month.

Peter Hartley. He has agreed to continue as our long standing highly respected Secretary. He has been the corner stone in holding our club together over the recent years and I am so pleased that he will be there to oversee us all and to make sure we follow the correct procedures.

Indra Gupta. I have managed to relieve Peter from the position of Treasurer since he dutifully took over the position after the death of dear old Phil. Indra has willingly stepped in to take over. He is experienced and well versed in monetary matters having been successful in business.

Club members:

Bill Laidlaw. Bill is willing to continue as Foundation Chairman having done a super job last year. It took some arm twisting but eventually he agreed to take it on for another year - just to please me, he says. Thank you, Bill. He is very passionate about his Foundation and I am sure that he will come up with some scheme to empty your pockets of money to donate to Rotary Foundation.

Susan Craig. Her help and advice are well respected.

Julie Chapman. She will continue as Vocational and Community Chairperson. The continuance of the Monday Club is important to our club - It goes back over many years. Julie's involvement and input to it is much appreciated.

Robin Graham. He will carry on as Membership Chairman as well as heading his all-important WOW Project.

Dale McAulay. She will continue as editor of our very impressive bimonthly Newsletter and take over as International Chairperson, a post which was previously chaired by Bill Laidlaw. On the International front, Dale is an important part of the WOW project in Ghana.

Barbara Rosenthal and Roger Walker. They will work together to organize our all-important Fellowship activities. It's during these social gatherings where Rotary projects are hatched. When this terrible virus is over, and we are able to resume our monthly dining venues, I am sure that they would welcome any suggestions for future visits.

Roy Chapman. Roy is our link and contact with Rotaract. I know that he will be working hard to maintain a connection with them.

Lastly, may I say thank you to all those people who have accepted and agreed to sit on the Council with me.

Council meetings will continue on Zoom until we can revert back to the old times at the Hough End Centre. Just a suggestion, if the agenda was only light, we could meet an hour earlier to our formal meeting on the 2nd Thursday at the Manchester Halls. Incidentally any club member is welcome to attend council meetings - but unfortunately, they are unable to vote.

If you have any questions, I will try to answer them. *President Derek Evans*

CLUB HANDOVER -THURSDAY JULY 2



Our club handover from
President Sarah to President
Derek took place over Zoom.
Sarah and Derek managed to do
the actual handover in the
garden.

← A Zoom screenshot from the meeting

Handover Photos



CLUB HANDOVER - CONTINUED

I have been honoured to serve this Rotary club for the last year as your **108th President**. A big thank you to everybody who supported me. There were many highlights which started with my presidential fundraising event as Arley Hall to kick off the year and our incredible work with local charities including The Mustard Tree, Wood Street Mission, Francis House and Ronald McDonald House, as well as the ongoing work led by PP Robin Graham in Fieve, Ghana, plus our new support for the Rise against Hunger campaign.

I am so proud of how we have embraced the use of Zoom to enable us to support each other and continue the work of the Club during the Covid-19 outbreak.

The joint working, with both the Inner Wheel and so many other clubs in our district, supporting each other's fundraising, charity work and social occasions has served to enhance the standing of our great Club.

I wish President Derek every success for the coming year.

-Sarah Withington-



Photos:

Above – Rise Against Hunger Top to Bottom – Arley Hall Event, Breakfast Charter, Love from Fievie WOW Project, Visit and Talk by Lord Mayor of Manchester Some of Sarah's favourite photos from her year as president!



COVID-19 SPECIAL SECTION

FROM THE EDITOR - Dale

With isolation and social distancing, normal meetings at the Manchester Hall are not taking place and many of the wonderful things that we do, are postponed or delayed for now!

The virus has, not only made everyone realise how much we usually take for granted, but as a Rotary Club, forcing us into the world of technology and the internet. This is a good thing!

Thanks to the many people that contributed to this section of the newsletter – it is meant to cheer us up and help us remember that a sense of humour is always a great thing!

I apologize for using my own initiative to come up with some of the photos. As many contributors did not submit photos, I used some creativity to provide some photos – hope that I have not insulted anyone as it was meant to be fun!

Have a nice summer!

Take care and stay safe

Dale

P.S. As self-distancing appears to be continuing for a while, I am looking for more contributions from members, so please more articles, recipes, poems, jokes, and photos! And let us know how you are doing and coping in these crazy times!

Thanks to the contributors of the Covid-19 Section:

Roger Walker
Peter Hartley
Helen Roberts
Roy and Julie Chapman
Robin Graham

Hope that I did not miss anyone!

COVID-19 LOCKDOWN MEMBER CONTRIBUTIONS

Perfect broccoli and stilton soup (Serve 4). Courtesy of the Chapman's

The following recipe is based (as is much of my cooking) on a recipe by the excellent Mary Berry.

Ingredients

2 tbsp butter
2 shallots or 1 small onion, finely chopped, or one leek
800ml chicken or vegetable stock
600ml milk
800g broccoli
200g stilton, crumbled
Nutmeg, to garnish



Method

Melt the butter in a large saucepan over a medium-low heat and add the shallots/onion/leek. Fry gently until soft and golden.

Meanwhile, cut the broccoli stalks into smallish chunks, then add to the pan with the softened shallots, fry for a minute, then pour in the stock and milk. Bring to a simmer, then cook until the stalk is beginning to soften (how long will depend on the size). Meanwhile, cut the head into small individual florets.

Once the stalk is almost tender, add the florets to the pan along with most of the Stilton, keeping a little back for garnish. Stir well, bring to a simmer, cover then cook for about 5 minutes, until the cheese has melted, and the florets are soft.

Allow to cool slightly, then pure until smooth. Taste and season if necessary, then divide between bowls and top with the remaining cheese and a good grating of nutmeg (or if you have it already ground nutmeg). For an added touch of luxury – add some double cream when serving – indulgent, but not good if you are watching your weight!

Serve with fresh bread. This can be wormed in the over, lovely for dunking. Sometimes, I use a bread with fruit (e.g. date and walnut loaf), or malt bread. The sweetness or added flavour contrasts nicely with the soup, I feel, but if you want to keep it simple and just have a lovely warm fresh baguette.

I sometimes serve with a small plate of salad and cheese – great to also eat with the bread -= esp. with a nice chutney.

Enjoy!

Broccoli and stilton are often called the very best of winter soups, but I love it any time of the year. Midwinter it is a good way of using up how to use up any leftover Christmas cheese.

In the USA there is a broccoli and cheddar soup – ingredients as before but replace stilton with cheddar. However, living in the north of England, I have made it with a gorgeous strong Lancashire cheese.



Some photos from the garden: Left – House Male Sparrow Right – Females and Male Sparrow. *Courtesy of the Chapman's*

A Pandemic Poem

I'm normally a social girl
I love to meet my mates
But lately with the virus here
We can't go out the gates.

You see, we are the 'oldies' now we need to stay inside If they haven't seen us for a while They'll think we've upped and died.

They'll never know the things we did Before we got this old There wasn't any Facebook So not everything was told.

We may seem sweet old ladies who would never be uncouth But we grew up in the GOS - If you only knew the truth!

There was sex and drugs and rock 'n roll The pill and miniskirts We smoked, we drank, we partied And were quite outrageous flirts.

Then we settled down, got married And turned into someone's mum, Somebody's wife, then nana, Who on earth did we become?

We didn't mind the change of pace Because our lives were full But to bury us before we're dead Is like a red rag to a bull!

Continued - next page



Poem continued -

So here you find me stuck inside For 4 weeks, maybe more I finally found myself again Then I had to close the door!

It didn't really bother me I'd while away the hour I'd bake for all the family But I've got no bloody flour!

Now Netflix is just wonderful I like a gutsy thriller I'm swooning over Idris Or some random sexy killer.

At least I've got a stash of booze For when I'm being idle There's wine and whiskey, even gin If I'm feeling suicidal!

So let's all drink to lockdown To recovery and health And hope this bloody virus Doesn't decimate our wealth.

We'll all get through the crisis
And be back to join our mates
Just hoping I'm not far too wide
To fit through the flaming gates!

Author - Jan Beaumont, Auckland NZ

Submitted by Helen Roberts

Answers to Quiz later in the newsletter.





Cryptic Cake Quiz

Can you name the cakes using the cryptic clues?

- 1. Difficult swimming stroke.
- 2. Play with this one in the playground as an alternative to conkers.
- 3. Heated and angry.
- 4. Well-cooked disreputable lady.
- 5. Scottish city delight.
- 6. Do you know the man.
- 7. Posh Parisian.
- 8. Heavenly messenger on several layers.
- 9. A European somersault.
- 10. Not as hard as it sounds.
- 11. Perhaps a cup of cocoa for this young girl guide.
- 12. Common money with hazel.

Some Historic July Events

01 July 1643: Westminster Assembly

First meeting of the Westminster Assembly, a council of theologians ("divines") and members of the Parliament of England appointed to restructure the Church of England, at Westminster Abbey in London.

05 July 1687: Issac Newton - Principia Mathematica

Known as the *Principia*, is published by the Royal Society of London. In it, Issac Newton describes his theory of universal gravitation, explains the laws of mechanics, and gives a formula for the speed of sound. The writing of *Principia Mathematica* ushers in a tidal wave of changes in thought, significantly accelerating the scientific revolution by providing new and practical intellectual tools, and becomes the foundation of modern physics.

13 July 1923: 'Lady Astor's Bill 'succeeds in parliament

Following MP Lady Nancy Astor's campaign to raise the legal age of drinking in Britain, a law was passed in the House of Commons to prevent the sale of alcohol to anyone under the age of 18. Nicknamed 'Lady Astor's Bill', it won by 257 votes to 10

20 July 1969: The first moon walk

After Apollo 11's launch on 16 July, watched by an estimated television audience of 530 million, even more tuned in as astronaut Neil Armstrong took the first ever step on the moon.

As he put down his foot on the moon's surface, television viewers heard Armstrong announce: "That's one small step for man, one giant leap for mankind". However, Armstrong is reported to have said that he has been misquoted, and that he in fact said: "That's one small step for a man...".

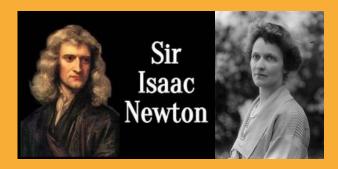
24 July 1943: British 'foil 'the Germans

Following the German bombing raids on the British home front during the Second World War, the British and American Air Forces retaliated by bombing Hamburg.

Out of 791 British aircrafts that took part in Operation Gomorrah, only 12 were lost as the Air Force began to drop strips of aluminium foil out of the planes, which blocked the German radars and allowed the majority of the bombers to continue with their planned route.

25 July 1978: Another step forward for modern medicine

Louise Brown, the world's first 'test-tube baby', was born in Oldham General Hospital in England. Her mother, Lesley Brown, first underwent what we now recognise as IVF (in vitro fertilisation) under the supervision of gynaecologist Dr Patrick Steptoe and physiologist Dr Robert Edwards in November 1977. Her daughter, Louise, was born by caesarean section. In recognition of his pioneering work, Robert Edwards was presented with the Nobel Prize for medicine in 2010.



Thanks to ~Helen for the Quiz and Historical Facts

Some Interesting Recipes from Robin

DO NOT TRY THIS AT HOME – AKA COD BERRIES DAIRY MILK Ingredients:

Onions Cod Chocolate Buttons Mixed Berries

Review by Robin - You can see from the resulting picture, the food itself is remarkable unimpressed.

The ingredients



The Final Product



MEXICAN STYLE MOLE FISH

Ingredients:

Smoked Haddock

Chopped Onions

Cocoa powder (unsweetened)

Mixed Peppers

Salt and pepper

A Song

Instructions:

Fry it all together while singing "Smoke Dadda Cocoa".

Singing is essential.

Robin's Review: Tastes remarkably good.

Robin's Cooking Buddy!



The Ingredients



The Final Product



Some Jokes from Ernie



Finally! We can get out, meet our friends and socialize!

Husband and I went grocery shopping with mask, got home, took off mask, brought home wrong husband! STAY ALERT PEOPLE!

Tablosa

A photo of Ernie while he was out shopping last week.



A small joke to brighten up our day

AND NOW, A NOTE FROM YOUR HEAD TEACHER.....

St. Thomas's Mixed Infant School - Monday June 1 2020

<u>Head Mistress</u>: Good morning. It's so lovely to see you all. For this assembly I am speaking to you on Zoom. If Miss Cuthbertson could return Louis to his designated area, behind the Perspex barrier, that would be super. Does anyone know how far we need to stay apart to stay safe? Emmeline?

Emmeline: Free years 14

<u>Head:</u> Very nearly, Emmeline. Well done! It's actually two metres, which is about as tall as a very tall Daddy. Not that everyone has a very tall daddy. Or a daddy at all (nervous laughter). In fact, a small mummy standing on a chair would work just as well. That is why you are all in bubbles of 15.

Emmeline (in tears): I wanna be in a bubble with Olivial

<u>Head:</u> I'm sorry, Emmeline, stay within your chalk square, there's a good girl. FREDDIE! Don't touch the books please. Now can anyone tell me why we can't touch the books?

Louis: Cuz virus can kill my granddad.

Head: Great answer Louis!

No, Freddie you may not go to the loo - Children - from today we have a New Normal Toilet Rota - Bubble 2, Freddie's, can't use the loos till half past nine. Your first lesson with Miss Cuthbertson is washing our hands then we will eat our lunch outside because the hazmat suits for the dinner ladies are stuck in Taiwan.

EMMELINE! Do not hug Olivia. Miss Cuthberston can you return Olivia to her bubble please.

<u>Miss C:</u> Sorry, I feel I have inadequate PPE to carry out that intervention.

<u>Head:</u> Yes Louis, what is it? Louis: Freddie done a wee-wee in our bubble Miss.

Miss C: Did you hear that? Head: Hear What? Miss C: Emmeline sneezed.

<u>Head:</u> Dear God. Children in Bubble 2 need to self-isolate immediately. We'll call your parents to collect. Freddie don't touch Louis with your wee-wee hand!

See you all in a fortnight!

Submitted by Roger Walker

Hope everyone enjoyed our Special Section... now, back to our regular news!



SUPPORT DOGS

A reminder to collect stamps for Support Dogs.

The info. on Support Dogs re. stamp collecting will be found on www.supportdogs.org.uk The stamps have to be cut off the envelope leaving a 1cm. border approx.

Fund Raising

The next Charity Draw – the 200 Club is in early July. This is our only source of income for the Charity Account and is likely to remain so for some time to come. Therefore, each member can help raise money in the following ways.

Immediately, if possible, increase your own monthly subscription.

Encourage any friends or family who support our aims and objectives to also subscribe.

If you do not already contribute do so as soon as possible.

All you need to do is let me have their names and addresses and I will do the rest. Thank you in advance.

Your help is much appreciated.

Ernie Metcalfe

Bírthdays August

11th Julie Chapman

12th Jitu Ruia

19th George Osundiya

21st Bill Laidlaw

September

2nd Roy Chapman

3rd Derek Evans

9th Hugh Barrett

29th Roy Chisnall

17th Royston Flude

CLUB TIES

We have some Manchester Club Centenary Ties still available.

Anyone wishing to buy a new one or to replace an old one please contacts, either President Derek or Secretary Peter

The discounted price is £10 each.

ANSWERS TO CRYPTIC CAKE QUIZ:

- 1. Butterfly Cake
- 2. Marble Cake
- 3. Hot Cross Bun
- 4. Bakewell Tart
- 5. Dundee Cake
- Muffin
- 7. French Fancies
- 8. Angel Layer Cake
- 9. Swiss Roll
- 10. Rock Cake/Bun
- 11. Chocolate Brownie
- 12. Doughnut



Up and Coming Events

PLEASE NOTE THAT MANY **EVENTS ARE POSTPONED OR CANCELLED UNTIL FURTHER NOTICE DUE TO COVID-19**

LINKS TO ZOOM EVENTS WILL **BE EMAILED TO YOU**

CLUB ASSEMBLY: ON ZOOM Tuesday May 11, 2020 18:00 - 19:00

MEETING ON ZOOM Thurs July 23rd, 2020 Bill Laidlaw – Tales from yesteryear

ZOOM MEETING Thurs August 27th Trudie Bennison - A life of Service 18:00-19:00





LAKELAND FELLOWSHIP BREAK Mon Oct 5th – Wed Oct 7th

Keep watching the website to find out about more Zoom events and meetings and when our regular meetings will return.

Club Meeting Info

Weekly: Every Thursday at 12:30

Place: Manchester Hall

36 Bridge Street, Manchester,

M3 2BT

Rotary Club of Manchester Team 2020-2021

President Derek Evans PHF **President Elect**

Membership Robin Graham PHF Vocational Julie Chapman **Executive Secretary** Robin Graham PHF

Secretary Peter Hartley PHF Community Julie Chapman Rotaract Roy Chapman PHF Peter Hartley PHF

Treasurer Indra Gupta International Dale Anne McAulay **Youth Service** Roy Chapman PHF **Fellowship** Barbara Rosenthal MPHF Peter Hartley PHF **Newsletter Editor** Dale Anne McAulay

Immediate Past President Sarah Withington **Rotary Foundation** Bill Laidlaw PHF **Attendance** Roger Walker PHF **Primary Webmaster**